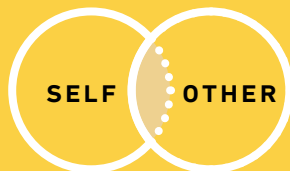


## UNITED AMIDST DIVERSITY



### (A) NOT EMPATHIZING

To be in a state of feeling as if we're disconnected or at odds with an other.



### (B) EMPATHIZING

To be in a state of feeling as if we're connected or at one with an other.



### (B') HYPER EMPATHIZING

To be in a state of feeling so connected or at one with an other that we are unable or unwilling to make distinctions between ourselves and that other.

REALIZINGEMPATY.COM

**EMPATHY** is a word invented to explain our potential to move from (A) to (B) and (A) to (B')

Sometimes **EMPATHY** is realized involuntarily and we are instantly moved without effort.



We can also slowly move ourselves by deliberately making an effort to *realize* our **EMPATHY**.



REALIZING

*empathy*